

July 2007

# PATIENT OF THE MONTH



## Dylan Nalor

**Age:** 4

**Address:**  
Toledo

**Family:**  
Father Nate, Mother Kelly

### Look who's talking now

For all moms, it's a special moment when their child first says, "Mommy."

For Kelly Naylor, it was extra special. Kelly, a manager of a bank in Toledo, had to wait until her son Dylan was nearly 4 to hear that word.

"It was the best thing in the world," she says.

She credits Dr. Robin Voorhees and Wholistic Wellness for helping Dylan. He's talking more – going from a vocabulary of 25 words in March to well over 100 in July – and he's not as hyper, she says.

Kelly knew her only child's speech was delayed. Several doctors had said Dylan had ADHD. Beyond that, they offered no help. "It was stressful. It was upsetting and kind of depressing," Kelly says. "No one could give me an answer. No one could help me. They just said time will tell. It was a relief to have somebody help."

Dr. Voorhees suggested Dylan try Eye-Light Treatment, which assists in the treatment of ADD and ADHD, as well as depression. The treatment works by using the optic nerve to help "wake up" and strengthen the weaker portion of the brain. During the treatment, Dylan wears what looks like colored sunglasses with blinking lights. He started off wearing them three times a day for 2-5 minutes each to now wearing them once a day for 5 minutes.

While doctors had told her that Dylan's speech was delayed 2 years, Kelly now feels hopeful that he will be up to speed by the time he starts school at age 5.

She describes her son as a happy boy who is full of life and energy. Now when he's happy, he can use words to tell his mom. And while he used to have to grab Kelly's hand to physically pull her to what he wanted, he can now tell her instead. Bouts of frustration and crying are much less frequent, she adds. "We get along so much better because I can understand what he wants and he can answer me when I ask questions," she says.

Though Kelly has to drive an hour from their home in Toledo to take Dylan to Wholistic Wellness, she says it is worth the trip. "I don't think anything of it because it's helping my son."

"I've been very pleased with the whole office in general," Kelly says. "Dr. Robin is great with Dylan. He loves going to see her. Every time he sees her, he's very, very happy. They have their own little bond." ■



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