

## GET YOUR HEALTH BACK

Patients under our care will get relief from the symptoms that they are having. But not only do we want you to feel well we want to give you a better, healthier body. That way the positive changes that you experience while under care will last you as long as possible. No more missing out on the important things in life. No more compromises because of pain or fatigue. Our patients lose weight, sleep better and no longer suffer from brain fog. THEY FEEL GREAT AGAIN.

Dietary changes are typically only the first step in any healing process. However it is important and can be difficult at first, so we will help you put into place a specific nutritional protocol for you. We don't expect you to be perfect, but the more you stick to the right nutrition, the faster you will get well.

I do hear occasionally, "I can't afford it" or "it's too expensive." We understand that there is cost involved, but frankly too expensive compared to what? We are literally going to give you your life back and a new future. How much is that worth? Is it worth \$200-\$300 a month because you can finance our recommended care options for as a little as that including all the vitamins you need to take... Is your life worth that? Maybe you don't like financing, but sometimes in life we have to finance things that are important like braces, a refrigerator or a car if yours breaks down. Your health is as important as those things.

Please don't take this as preaching or pressure. I am just passionate about helping people. That is why I am going to always provide you with my best care recommendations. If we can make the finances work out for you, I would highly recommend you go with that program.

If you cannot afford my best recommendation, please let us know what you can do and we will do everything in our power to work within your financial means. I have offered a number of drop-down options for your review as well.

The bottom line is this... if you are committed to improving your health, we will do everything in our power to make the finances work. That is my promise to you. I cannot guarantee results, but I can guarantee that I will not stop digging and working, until you get well. That I can guarantee you.

You can take back control of your health. I look forward to being a part of that with you.

## FREQUENCY SPECIFIC MICROCURRENT

Frequency Specific Microcurrent is an FDA approved physiologic electric modality that increases ATP (energy) production in the cells of the body. ATP is the substance that cells use to produce functions and create healing. The microcurrent is not felt by the patient and has been shown in research studies to increase ATP by up to 500%. It also increases protein synthesis and amino acid transport, essentially the two building blocks of the body.

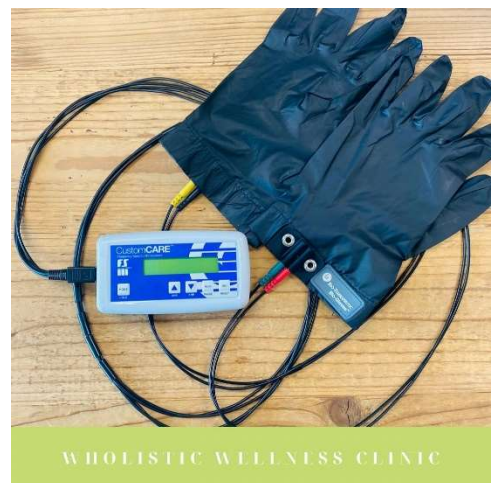
In simplest terms, it increases the tissues' healing rates on a cellular level. In addition, Frequency Specific Microcurrent shows a dramatic increase in the amount of blood circulation, collagen and elastin production, which makes it a great anti-aging method as well. In our office, we use specific frequencies to address the various processes required by the body's tissues.

Similar to a TENS unit, it blocks the chemical pain responses by stimulating the area as it "numbs" the chemical pain signals. Microcurrent reduces pain by decreasing inflammation, flooding your cells with ATP which is what they use for energy. Needless to say, energy heals and helps the body repair to its natural state.

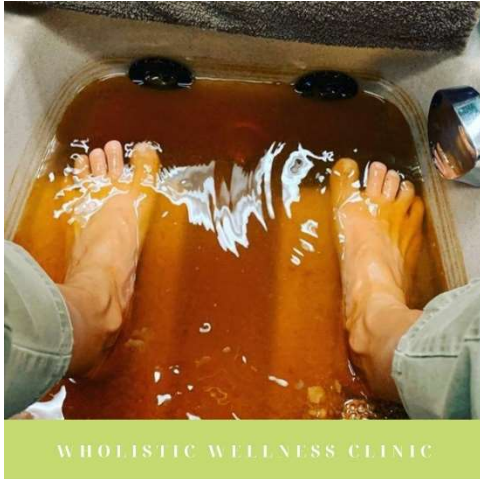
### **HOW WE DO IT...**

Sensors will be applied to specific parts of your body and the machine frequencies will be tailored to affect what is going wrong in the body and what specific tissue we are trying to address. The machine will be programmed to run through a specific set of frequencies designed for what you have going on.

Since the current is so small, you will not feel anything. This is important because in order to cause a cellular change, the current has to be so small that you cannot feel it.



## ION CLEANSE



The methods and science behind detox footbaths can get overwhelming to say the least. To put it in simple terms, an ion is a charged atom that has gained or lost an electron which creates a magnetic field capable of attaching to and neutralizing oppositely charged particles. These neutralized particles are extracted from the body through a process called osmosis.

The array is placed into the water along with your feet. The power supply provides a low level direct current to the array. This causes the metals within the array, in combination with water and salt, to generate charged

ions by separating the oxygen and hydrogen in the water.

The doctor will determine the setting of the footbath based on your symptoms and diagnosis. The ions generated by the cleanse then travel through the body attaching themselves to a multitude of toxic substances, thereby neutralizing their positive or negative charge.

What this means is that we can create a host of healing for things such as heavy metal detoxification, bacterial infections, chemical toxins, high glucose levels, inflammation and chronic pain. In turn your body is creating more Hydrogen Peroxide and lessening the toxic load on your liver and kidneys.

Most conventional footbaths are for cheap and lack results. Wholistic Wellness only offers top of the line, high end machines which have proven scientific results. In addition, independent studies have shown levels of Urea, Creatinine, and Glucose in the patients water...proving that these toxins are being pulled from the body.

## LIGHT THERAPY

Infrared Light Therapy is an FDA approved, safe and painless modality. Just shining it on the skin alone accelerates healing on a cellular level and stimulates the repair of cells rapidly. Applied light therapy will hold the key to more advanced healing. Changes in nerve functions and organ function have already been witnessed.

Infrared light therapy encompasses the healing power of infrared wavelengths of light. When infrared energy is applied, it dramatically increases circulation, reduces inflammation and promotes healing.

**Nitric oxide** is the major key component to the improvements that infrared light therapy provides. Nitric Oxide is critical to the health of your arteries. Infrared energy ignites the release of nitric oxide, which enhances blood flow in the immediate vicinity.

This boost in blood flow increases oxygen and results in fast healing.

Just shining the light alone can have tremendous effects on healing the body. Quantum Neurology Practitioners like myself, take that to an advanced and extreme level by applying their light therapy specifically to the body and nervous system, exponentially speeding up the healing response. This is how we are able to see such drastic changes to patients neurologically and in a short amount of time.



## **PERSONALIZED HOMEOPATHIC REMEDY**

Personalized Homeopathic Remedies (PHR) is a relatively new healthcare system that specifically addresses the illnesses of the 21st century. Modern lifestyle comes at a cost. Poor diet, increased exposure to radiation, environmental pollutants and toxic metals are creating a host of new health problems from chronic fatigue to immunodeficiency, autism and MS, to name a few. PHR identifies key toxins and underlying illness, then treats with causative homeopathy to restore healthy cellular function.

What is PHR in a nutshell?

- (1) Understanding illness from a completely new perspective, via a pioneering system of energy medicine. Drawing key information from the fields of toxicology and quantum physics into medicine for the first time. Introducing essential concepts such as that of “key toxins” and how to deal with them effectively and safely, and at the deepest level possible in the body.
- (2) Testing using a unique new form of bio-resonance that incorporates a “non-force” form of Applied Kinesiology.
- (3) Treatment using a unique new form of “causative” homeopathy, the deepest and most comprehensive therapeutic system biologically possible to address the root causes of illness.

## NEUROFEEDBACK THERAPY

Neurofeedback Therapy is a combination of gentle pulses of light and sound with guided visualization and soothing music the listener is taken to profound levels of relaxation known for focus, learning and healing. In simple terms, we retrain the brain.

In just 20 relaxing minutes a day you can reverse the damaging effects of stress while reducing or eliminating anxiety and worry. In fact, regular use is proven to stimulate healthy brain chemistry, helping you to gain more energy, improve your immune system, lose excess weight, get rid of bad habits, instill new positive behaviors, and improve your quality of life.

Not only that, SMT can help you achieve just about any goal. Whether you want to attain greater wealth, improve sales performance, enhance your learning, master your sports, or get super fit, Self Mastery Technology provides the right mental rehearsal and mindset to get you there faster and with less effort.

Flashing light patterns train the brain to operate in the best mode for creativity, focus, and mindfulness. This brainwave entrainment can transform the listener into a mental powerhouse with the right mindset to accomplish just about anything.

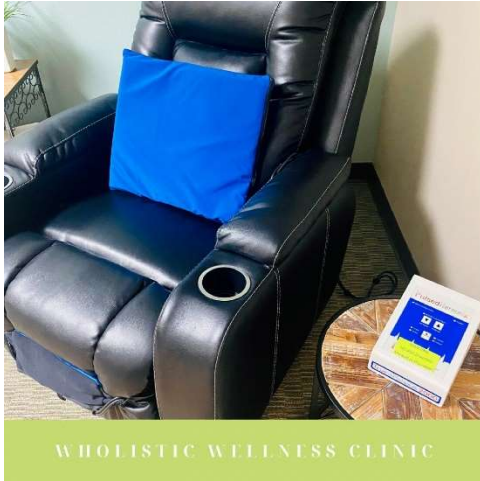
Imbedded tones guide the brain into states of deep relaxation. Within minutes the brain reaches extraordinary levels of focus and performance that would otherwise take years of practice to achieve. SMT helps listeners create a new self-image as a healthy, happy, optimistic person who no longer lets small things turn into stress. SMT makes sure listeners are focusing on everything they want out of life so they can have it, effortlessly!

### Benefits Include:

- Boost DHEA, serotonin, GABA, melatonin, and beta-endorphins
- Reduce cortisol naturally and restore your body's natural pH
- Rid the body of excess adrenaline
- Access a deeper meditative state without years of disciplined practice
- Increase mental clarity of thought and develop your intuition
- Eliminate insomnia and enhance sleep so you can awaken feeling rejuvenated and energized
- Reduce your stress, worry, frustration, irritability, and moodiness while achieving emotional stability, psychological balance, and mental harmony



## PULSED ELECTRO MAGNETIC FIELD THERAPY



WHOLISTIC WELLNESS CLINIC

PEMF is a powerful addition to any health challenge due to the multiple benefits that it provides. With over 1,000 clinical studies and over 7,000 research articles published validating its therapeutic benefits, it is also one of the most researched and supported technologies in health care.

Back during the early days of the space program, every time the astronauts would return back to Earth, they would have to be helped out of the ship and put in quarantine until they recovered. In today's day and age when they return from a mission, they step right off the ship and right to a press conference. Why is that? What

is the difference?

The Earth itself generates an electromagnetic field, which in turns acts like a charger to our body. It was always assumed that it was the lack of gravity that made the astronauts sick, but in fact it was because they were away from the Earth's electromagnetic field. In fact research has proven that in a matter of hours of no exposure to healthy electromagnetic fields, cell metabolism starts to break down causing muscle weakness, bone loss, slower metabolism, disorientation and depression. So NASA did the research and built PEMF units into the astronaut's suits, hence why they return in much better health.

This is actually not new science; Albert Einstein talked about this energy field back in 1913. Now we have been able to verify all of the benefits as technology has advanced. PEMF has been shown to improve cell regeneration time by increasing cell voltage, increases oxygen uptake of cells, it strengthens the immune system and makes white blood cells more active, it increases metabolism and has therapeutic benefits in lowering pain. It has also been shown to increase blood circulation, reduce cholesterol and platelet stickiness, prevent blood clots and balance blood pressure. In an addition of speed, it allows your body to absorb nutrients 20 times more efficiently, reduces inflammation and speeds up the detoxification pathways.

It is literally like putting a cell phone on a charger and refilling the battery of energy that it has to run all its applications. The more apps you have open the faster the battery drains. What would happen if you never recharged your phone?

## FX 635 LASER THERAPY

Discover the only laser on the market for the treatment of chronic low back pain, neck pain and plantar fasciitis. Our new FDA market cleared laser has been proven in double-blind, placebo-controlled, randomized, parallel group, multi-center clinical trial to effectively treat this painful condition.

The participants of the FX 635 Clinical Trial showed a 58% pain reduction at 2 month follow-up evaluation. This trial went on to demonstrate that the FX 635 is successful in the treatment of chronic low back pain. The recent clearance of the FX 635 is groundbreaking for the pain management community and the war on opioids.

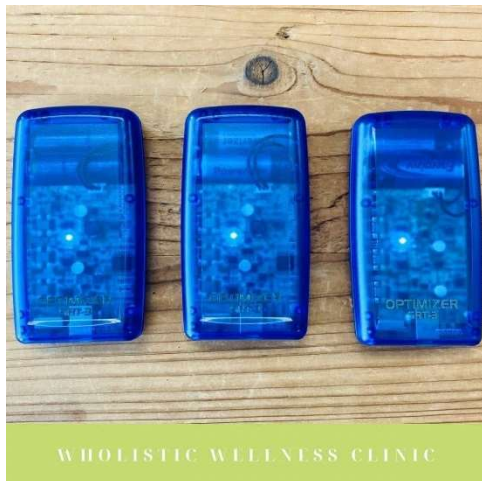
The FX 635 uses low-level laser technology and patented laser diode arms to precisely target pain centers. The body absorbs the light energy, which encourages the cell's mitochondria to produce more ATP and promotes natural healing within the cell. Because the laser merely stimulates the cells to promote healing naturally, the FX 635 provides pain relief and reduces inflammation with no adverse side effects.

Clinically, the FX 635 has also been a powerful tool in many brain/neurological and learning disorders.





## SYMPATHETIC RESONANCE TECHNOLOGY



We have many technologies available at our office, but SRT is one of our favorites! A belt of optimizers (SRT) is used on the body to help a sick or dis-eased system regain its harmony.

When a body or organ system becomes dis-eased it either goes "flat" or "sharp" - SRT helps to get the system in tune with itself and its surroundings.

Capable of producing a 70' omnidirectional range of influence via triple surface mounted SRT oscillators, the Optimizer has the greatest range and intensity of any active SRT product to date. The Optimizer emits a

frequency of healthy cells and can strengthen your biofield to negate the effects of chemical and electromagnetic stressors in the environment. It also provides healthy energy to a tired body and restores balance and harmony so healing can occur.

### Primary Benefits:

- Strengthen your biofield and reduce the negative effects of EMFs on your body and mind.
- Increase performance and focus.
- Restore your body to its natural state of harmony and health.
- Promote healing by restoring balance at the molecular level.
- Counter chemical and electromagnetic stress in the environment
- Enhance cellular renewal for health and vitality.