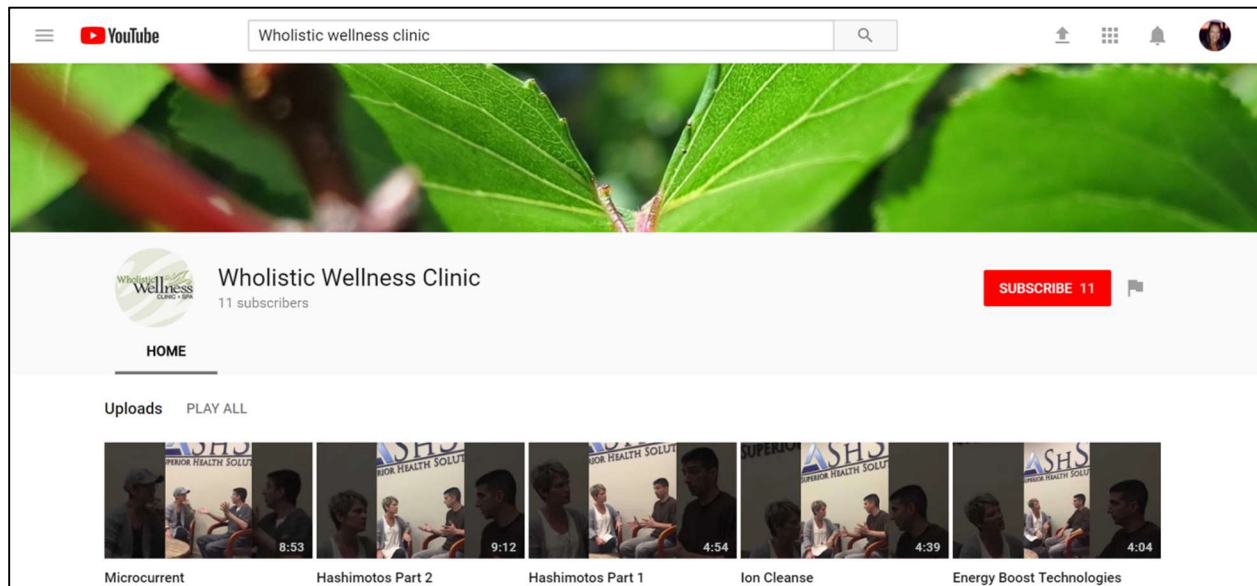


Check out our YouTube Channel, Wholistic Wellness Clinic!



YouTube Channel Link: <https://www.youtube.com/channel/UCzrFrrLmatG8x1oHMhrrh8w>

Videos Include:

Energy Boost Technology: What are the energy boost technologies and how are they beneficial.

Ion Cleanse: How is the Ion Cleanse more than just a foot detox.

Microcurrent: How does the microcurrent work and how is it beneficial.

Hashimotos Part 1 & 2: How can an energy boost help with Hashimotos.

FX 635: Low level cold light laser https://youtu.be/Q_Y-D-X4yFI

Warm-Up with Dr. Catherine: Movement warm-up with Dr. Catherine

Upper & Lower Body Specific Movements: Specific body movements with Dr. Catherine

Seed Cycling: Dr. Cooper and Dr. CJ on seed cycling for hormone balance

Emotional Freedom Technique: EFT with Dr. Cooper

Epsom Salt Baths: How are epsom salt baths beneficial for your health

Movement is Medicine: Movement for health

BrainTap Meditation: Guided mediation with Dr. Cooper

Sleep & Technology: How technology could be impacting your quality of sleep